



From the President's Desk:

By *Mary Lou Ambrose*



If anything has been made clear over the last few weeks, it's that we have a Mob Boss as the President of the United States. No wonder that Donald Trump is in awe of people like the Russian leader, Vladimir Putin, Recep Tayyip Erdogan from Turkey, the Philippian dictator Rodrigo Duterte, and

China's Xi Jinping. Not to mention the man he loves, and who sends him beautiful letters, Kim Jong-un of North Korea. Actually, he is jealous of these brutal Dictators, having admitted that when he found that Xi Jinping had made himself Leader for Life, he admitted he would like to do that. He loves the fact that when Kim gives an order, it is followed immediately. Trump excused the fact that Putin had people killed when he wanted

them gone. He actually said that he believed that happened everywhere. Many people believe that aside from being greedy, narcissistic, and inherently mean, Donald Trump is insane. He refuses to listen to his experienced intelligence experts, and treats leaders of France, England and, especially Germany as though they were the cold-blooded dictators while literally sitting in adoration of such Dictators. He does not

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read briefing books and has absolutely no idea of what the President of the United States is supposed to do, or how a President should act.

At one time, years



Brian Beckman

<https://www.sierraclub.org/ready-for-100>

Monday, March 18 — 6:30—8:45 pm

Acropol Family Restaurant, 1170 Starkey Rd, Largo, Florida 33771

Our speaker for March will be Bryan Beckman from the Sierra Club. He will discuss their Ready for 100 project which he is running in Pinellas County. He led the Sierra Ready for 100 campaign in Largo, and now leads the Pinellas County campaign.

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ago, Trump told reporters that if he ever ran for President he would run as a Republican "because they are stupid." Now he is such a partisan Republican that he actually worked at cutting off emergency funds to California, a Democratic State, after the horrible fires there. With all that, possibly the most frightening thing about Trump is that he lies at all times and in all situations. When his Mafia enforcer, Michael Cohen, told the House Panel what Trump was really like and what illegal things he had done, Trump kept calling Cohen a proven liar. Cohen is, or was. But his tendency to lie is negligible compared to Trump's constant and repeated lies.

So, can anyone tell me why 42% of the people in the United States like him and think he is doing a great job? I have seen polls that indicate as much as 85% of Republicans follow and defend him no matter what he does or says. (OK, I know that Republicans are like lemmings.) They believe his lies, or those who are smart enough to recognize his constant lying, just forgive him. He hates all people who are not wealthy and white. He discriminates against a certain religion, he disparages women (except Ivanka, his daughter with whom he has an unusual rela-

tionship.) He has no filters, so all his hate and discrimination are on display. He hates immigrants, but has married 2 of them.

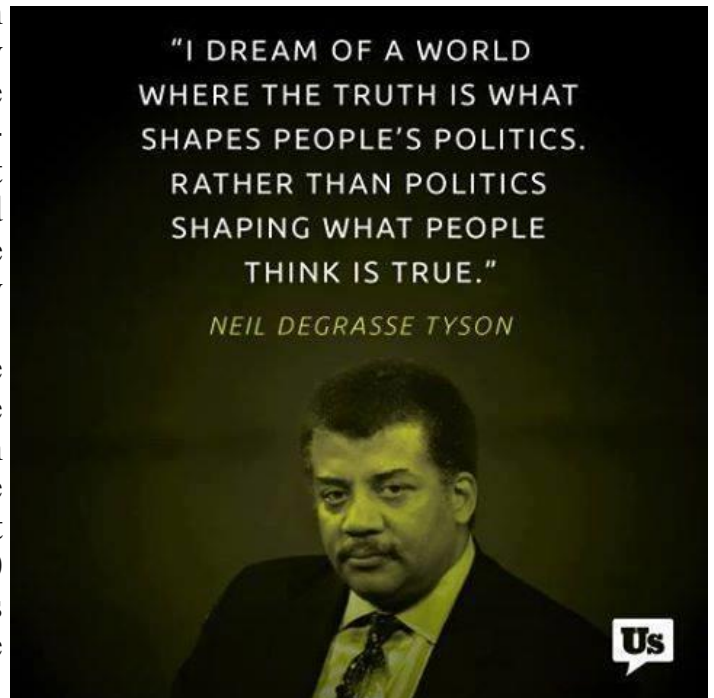
People have told me that they like Trump because he is a successful businessperson. That is why they voted for him and why they continue to back him. Tell me now, is a good businessperson one who has run so many businesses into the ground that he had almost a Billion dollars in tax losses? Is a good businessperson one who made his profits by not paying the people who built his buildings and sending high-priced lawyers to use every legal trick in the books to intimidate the small business-people who demanded payment.

The point of all this ranting is to ask a simple question: What is wrong with this country that we have elected this person as President of the United States? Worse yet, many knowledgeable people believe he will be reelected in 2020. Can we figure this out before the 2020 elections? As Democrats, we

need to come up with the Candidate who can clearly win the 2020 election. That Candidate will be up against the lies which will flow from the Republican Party, as well as the Russian internet gurus who had such power in 2016. We must discourage the third-party candidates who were so important to Trump's 2016 win, because we cannot lose this one. Our Democracy, which is in tatters now, will die if Donald Trump is reelected. Whichever Democrat we nominate must have the backing of every Democrat and most rational Independents and Republicans. The future of this country, and the future of our children and grandchildren are at stake. 🚗

"I DREAM OF A WORLD
WHERE THE TRUTH IS WHAT
SHAPES PEOPLE'S POLITICS.
RATHER THAN POLITICS
SHAPING WHAT PEOPLE
THINK IS TRUE."

NEIL DEGRASSE TYSON



UPCOMING SPEAKERS

APRIL—Dr. Susan MacManus will give us an analysis of the 2018 elections. She will dig into the demographics of the election and tell us who won where and who lost and why.

Representative Jennifer Webb (YAY) HD69 has been invited to join us in **MAY** to give an inside view of a freshman representative's life in Tallahassee.

JUNE—Susan Glickman is the Florida Director of Southern Alliance for Clean Energy. She's been a consultant for many national environmental organizations, such as the Natural Resources Defense Council and the Union of Concerned Scientists.

QUOTED

“ [Cohen's testimony] laid a genuine predicate and justification for more legitimate congressional oversight. ... This is the first hearing, not the last. ”

February 28, 2019 | **Susan Hennessey**, The New York Times

Selected Bills to Watch this Session

And to contact your Representative!

HB 3—OPPOSE :

Would effectively kill or severely maim local government home rule in Florida, including environmental ordinances

HB7029—OPPOSE

Strong oppose. Does not include the 3rd fracking definition (matrix acidizing).

SB314—SUPPORT

Defines and prohibits "high-pressure well stimulation" and "matrix acidization" (two fracking techniques) and provides for a study. Requirement for study was removed from legislation in committee. House committee version is PCB ANRS 19-01. Premeeting-

analysis: <https://www.flsenate.gov/Session/Bill/2019/314/Analyses/2019s00314.pre.en.PDF>

HB1291 + SB1762—SUPPORT

State Renewable Energy Goals No-brainer, an RPS is vital to Florida becoming competitive with other states on renewables.

HB165—SUPPORT

Designates act the "Me Too No More Act"; eliminates statute of limitations for certain sexual offenses; requires Criminal Justice Standards & Training Commission to incorporate training in certain tech-



niques for interviews of victims of traumatic events.

CS/HB 79, SB 846 SUPPORT

HIV Prevention: Cites act as "HIV Prevention Justice Act"; provides exception to allow donation of human tissue by person with HIV under certain circumstances; expands scope of unlawful acts by person infected with sexually transmissible disease to include HIV; reclassifies specified criminal offenses.

HB 209 - SUPPORT

Ratifies proposed amendment to U.S. Constitution relating to equal rights for men & women.

During the Government Shut-down last month, the Largo/Mid-Pinellas Democratic Club collected non-perishable food items and grocery cards which were delivered to the Coast Guard Station Sand Key. We received a very lovely Thank You card, signed by many of the Coastguardsmen at Station Sand Key. Include was this invitation to visit the Station On March 30 from 11 to 1 to meet the Coast Guardsmen stationed there. See below.

The Coast Guard Station Sand Key would like to thank our community for the tremendous outpouring of generosity, compassion and support during the Government Shutdown.

We are truly humbled, privileged and proud to serve you and will continue to stand a **ready, relevant and responsive** watch.

As a thank you, the Commanding Officer, and crew would like to invite you to join us on **Saturday March 30th from 11 am – 1 pm** to meet your local Coast Guardsmen at USCG Station Sand Key.

You can take a tour, see our boats, and watch the crew in action with the Heaving Line and P-6 pump. Our local recruiters will be at the station as well to answer any recruitment questions. We will have Hamburgers, Hot Dogs, Soda and water until they are gone.

Thank you!



Save the date!!



facebook.com/Largodemocrats/
www.largodemocrats.com

10th Annual Democratic Picnic Saturday, April 27, 2019



**SODAS!
Lemonade!**

Politics in the Park

11 a.m. - 2 p.m.
Pavillion 4

Taylor Lake Park

(across from Pinecrest Golf on 8th Ave
1100 8th Ave SW)

Largo

Statewide and local Democratic office holders and candidates will be on hand to meet voters and speak.

**Super Dooper
HOT DOGS!**



**Beer Brats!
Bratwurst!**



JOIN US!



**Meet your
CANDIDATES
and
Elected Officials!**

Admission is \$10.

Tickets may be obtained from:

Mary Lou Ambrose 433-4045

Bob Glass 319-6031 or Charlie Tucker 510-4930





District 66 News

Thursday, February 28, 2019

Twenty four members gathered at the Island Way Towers Community Center for our District 66 meeting. Our speakers were inspiring. Chair Ginny shared precinct lists of newly registered Dems and precinct captains and will contact them with an invitation to attend the Largo picnic.

Speaker: Rae Claire Johnson, American Promise

Rae Claire discussed the need to get dark money out of politics. Her presentation included the Powell Memorandum of 1971, which became the blueprint for the corporate takeover of America. In 1972, ALEC was formed and much of its goals have become reality. The group's current goal is preemptive law—dismantling home rule. ACCE (American City and County Exchange) was formed to extend the influence of ALEC at all levels of government. This has included the attack on public education and given rise to corporate lobbying. Current recommendations to respond include opposing HR 1 and HB 48. We're being asked to contact our federal legislators on this issue. Learn more at www.AmericanPromise.net. and raeclaire@aol.com

Speaker: Kate Baker, "Organizing to Win"

Kate talked to the group about successful practices in developing a precinct. First of all, remember why you became a volunteer. As you begin calling others, don't just ask the person on the phone to make phone calls, but present an opportunity for working together as a team. The softer the ask, the better the response. Know your story, both in short, 10 second form, and a longer 1-2 minute personal story. Share that with those you meet. Schedule a regular meeting time and print in on a flyer or back of a business card. As folks become involved, know what you need and ask for whatever level of involvement they're willing to donate. Talk to them and incorporate them into the team.

Kate Baker, baker.katefl@gmail.com; 727-644-3323.

Announcements:

1. Largo Mid-Pinellas Meeting at the Acropol Restaurant on Starkey Rd in Largo on Monday, March 18th at 7 pm.
2. Largo Mid-Pin Picnic, Politics in the Park, Saturday, April 27th, Taylor Lake Park, Largo. \$10 and a dish to share.
3. Next meeting: March 28, 2019, here at the Island Way Towers Community Center at 6:30 pm.



Pinellasedemocrats.org



Monitor the calendar (Link at right), and/or sign up for the Pinellas Democratic newsletter for information on training.

The Campaign Planning Committee is already active , recruiting volunteers and holding training sessions. This is a fantastic new effort for the Pinellas Democrats, one that we believe will pay tremendous dividends. Please Contact Lisa DesCoteaux to get involved.

lisa.descoteaux@pinellasedemocrats.com

ATTENTION, DEC MEMBERS.

Meetings will now be on the **fourth (4th) Monday** of every month at the Marriott St. Petersburg. The Marriott has given us a steeply discounted price for this night.

CONTACT US

2250 1st Avenue North

St Petersburg, FL 33713

Office hours vary based on volunteer ability.

Please call or email for more information.

office@pinellasedemocrats.com

727.327.2796





From the Chair's Desk: Weekly Update Friday, March 8

Legislative Spotlight

It's been a busy week, with the DCCA retreat and the start of the legislative session in Tallahassee. I want to thank everyone who took the time to join us in Ft. Lauderdale this weekend. It was a productive and really energizing and enjoyable weekend for me, and I hope you all feel the same

You can find all of the [training slide shows](#) in this drive. We have a lot of work to do for 2020, and I am so glad to be on this team with all of you!

Sincerely,

Terrie Rizzo

Chair, Florida Democratic Party

The New Sunshine Deal budget launch was a big success this week — and I want to congratulate House Democratic Leader Kionne McGhee and thank everyone for supporting the House Democratic Caucus.

The New Sunshine Deal budget, the House Democrat's alternative to Republican's budget, included a larger tax cut for working families than Governor Ron DeSantis' proposal, calls for the expansion of Medicaid, a 13 percent pay raise for teachers and fully funded affordable-housing programs. I encourage you to [read the full](#)

[budget](#) here and share these positive news stories below:



[WFSU](#): "Governor DeSantis' budget allocates \$335 million in tax cuts for families. The Democrats raise this to \$525 million for what Representative Amy Mercado calls a working families tax rebate program."

[GateHouse Media](#): "In their new deal, Democrats would use \$524 million of this new money to finance a Working Families Tax Rebate program, similar to the federal earned income tax credit."

[Orlando Sentinel](#): "The 'New Sunshine Deal' would use about \$524 million of those revenues to give low-income families an average

\$500 tax rebate. House Democratic Leader Kionne McGhee of Miami said the plan was designed to focus on working families that Republican leaders have ignored."

[Florida](#) [Phoenix](#): "McGhee and other Democrats will have a chance to advance some of their spending proposals in the form of separate bills and amendments to other legislation. For instance, McGhee has a bill ([HB 1411](#)) that would create a state tax rebate program for low- to moderate-income working families. If the families meet the eligibility requirements of the federal Earned Income Tax Credit program, they would qualify for a state rebate in the range of \$500 per year, he said."

You can view our Party calendar here: <https://www.floridadems.org/get-involved/party-calendar>





Politico By [NATASHA KORECKI](#) and [ALEX THOMPSON](#)

03/11/2019 10:59 AM EDT

Milwaukee to host Democrats' 2020 convention

Democrats are going all in on the heartland.

On Monday, the Democratic National Committee announced it had selected Milwaukee, Wisconsin to host its 2020 presidential convention, a move that offers real and symbolic significance after Hillary Clinton skipped the state in the 2016 presidential race, then went on to lose it to President Donald Trump.

Milwaukee beat out Houston and Miami, which had mounted an unsuccessful final lobbying blitz to be the host city.

Wisconsin has embodied the party's failures in the 2016 presidential race. Clinton felt so confident in capturing a state that Barack Obama had claimed that she bypassed it in the general election campaign. Trump then won it by less than 25,000 votes, the first time the state had gone red in a presidential contest since 1984.

DNC chair Tom Perez echoed as much in an email to DNC members on Monday, adding that Democrats in the state had made notable gains, including ousting longtime Republican Gov. Scott Walker last year.

"This is the first time the Democratic party has held a national convention in the Midwest, outside of Chicago, since 1916," Perez wrote. "This choice emphasizes the importance of the heartland and the strength of a diverse community working together."

In recent weeks, top Midwestern Democrats and business leaders engaged in a frenzied effort to bring the convention to their region, insisting that holding it in Wisconsin would help repair the frayed relationship between the party and heartland voters. Wisconsin Gov. Tony Evers, Sen. Tammy Baldwin (D-Wisc.)

and even Illinois Gov. J.B. Pritzker were involved in the behind-the-scenes overtures to the DNC.

And in August, a coalition of Midwestern senators from Minnesota to Indiana to Ohio signed on to a letter to the DNC calling for a Milwaukee selection.

"Democrats have not held a convention in the Midwest since 1996, and a Milwaukee convention would send a strong message to the nation that winning America's heartland is a priority in the 2020 election cycle and beyond," the group of senators wrote. "Wisconsin is a state with a deep progressive and Democratic history. It is an ideal place for our party to showcase our values, priorities and agenda in our commitment to fight for everyday Americans." 🗳️

<https://tinyurl.com/yxsueao7>

.....

Opinion & Letters

Letter to the Tampa Bay Times by Lois Fries:

Published in the Tampa Bay Times on Tuesday, March 12

As a first generation American whose father and all grandparents were born in Eastern Europe, I listened with more interest than most, to the sentencing of Paul Manafort. My grandfather came here just after WWI, and worked four years to save enough to bring his family here in 1921. Although my family was lucky to escape most of the horrors of domination by Russia, their friends and other relatives were not. When I was a child, and through young adulthood, we received many letters from them about their treatment by the occupying Russian soldiers, who would enter their homes at any time, sleep in their beds when they wanted, filthy boots and all, take any food that appealed to them, and

generally treat them like servants. There were so many examples of their cruelty, and I listened to the letters as my parents read them.

That is what Paul Manafort was attempting to do to Ukrainians while he made millions of dollars lobbying for pro-Russian politicians in that country. It was unbelievable to me when Judge Ellis said, “He’s lived an otherwise blameless life” and “has no criminal history” when he sentenced him to a relatively short term. I feel cheated not only by the millions in taxes Manafort did not pay, that people like me had to make up, but also for the years he should have spent in custody for trying

to place the Russian yoke onto the people of Ukraine for nothing other than greed and reluctance to give up his high-flying lifestyle!

How could a judge have so little awareness or consideration of his horrible behavior? He had no compassion in his lobbying efforts, but was sure to ask for (and seems to have received) compassion from Judge Ellis. Shame!! 🙄

<https://tinyurl.com/y4rpxh9v>

FROM THE BORDER: Four Fined, Sentenced for Aiding Migrants Crossing the Southern Border

by Marissa Martinez on March 8, 2019

SOUTHERN BORDER – Earlier this week a federal judge sentenced four women to 15 months probation and a fine for aiding undocumented migrants crossing the U.S.-Mexico border. The women, Natalie Hoffman, Oona Holcomb, Madeline Huse and Zaachila Orozco-McCormick, were **specifically convicted** of operating a vehicle without any permit, entering a wildlife refuge without a permit, and abandoning property at a wildlife refuge.

They can serve unsupervised probation, and their fines total \$250 each. These felony charges are Class B misdemeanors.

All four women are volunteers with an or-

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ganization called No More Deaths. No More Deaths mission is to “save the lives of immigrants crossing into the U.S. illegally.”

However, the organization admitted guilt in breaking the law.

“We may have been found guilty but the real crime is the government’s deliberate policy to use ‘death as a deterrent’ at the U.S./Mexico border,” it said.

Judge Bernardo Velasco delivered their sentence and [wrote](#):

“That a federal law requires people who access Cabeza Prieta to obtain a permit for entry, which would require the applicant to remain on designated roads and not leave anything within

the refuge.”

On Feb. 21, Four other women (Caitlin Deighan, Rebecca Richeimer, Zoe Anderson, and Logan Hollarsmith) paid a \$250 each and prosecutors did not move forward with prosecution.

In Arizona, volunteers continue to square off with federal laws. [The Arizona Republic](#) reported that Scott Warren, a member of Cabeza 9, is also facing felony charges for allegedly harboring two undocumented immigrants 🚚

What if U.S. Supreme Court over-turns land-mark Roe vs. Wade?

<https://tinyurl.com/y3oa83xy>

From the Florida Phoenix

By [Amy Weintraub](#)

February 21, 2019

Let’s look ahead. What if the landmark Roe v. Wade decision is gutted or overturned? My first thoughts go to my teen daughter, Caroline; my nieces, Haley and Isabelle; and all their girlfriends.

The recent ideological shift on the U.S. Supreme Court has put many of us on alert, ready for a fight we didn’t ask for, but ready to do what is necessary to ensure abortion care remains safe and available.

If abortion rights are weakened or rescinded by the Court, Caroline, Haley, and Isabelle would, thankfully, not be returning to a pre-1973 world where, in many states, obtaining an abortion meant risking one’s health or even death. But, they would face obstacles to getting care, and even possible prosecution.

With the advent of medication that safely ends an early pregnancy, even in a post-Roe world, if my gals



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Book review: ***The Plot to Destroy Democracy***,

Author: Malcolm Nance

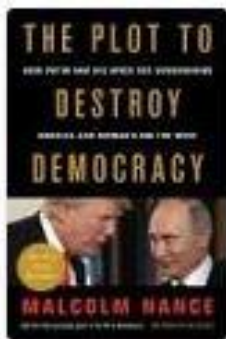
Recommended by Rod and Elizabeth

New York Times and USA Today bestselling author provides a provocative and comprehensive analysis of Vladimir Putin and Russia's master plan to destroy democracy in the age of Donald Trump with a foreword by Rob Reiner.

In the greatest intelligence operation in the history of the world, Donald Trump was made President of the United States with the assistance of a foreign power. *The Plot to Destroy Democracy* reveals the dramatic story of how black-mail, espionage, assassination, and psychological warfare was used by Vladimir Putin and his spy agencies to steal the 2016 U.S. elections and attempted to bring about the fall of NATO, the Eu-

ropean Union and Western democracy.

U.S. intelligence officer Malcolm Nance tells how Russia has used cyber warfare, political propaganda and manipulation of our perception of reality and will do so again to weaponized American news, traditional media, social media and the workings of the internet to attack and break apart democratic institutions from within and what we can expect should we fail to stop the next attack.



Nance used top secret Russian-sourced political and hybrid warfare strategy documents to demonstrate the master plan to undermine American institutions that has been in effect from

the Cold War to the present day. He exposes how Russia has supported the campaigns of right-wing extremists throughout the U.S. and Europe to leverage an axis of aristocracy and how Putin's agencies have worked since 2010 to bring fringe candidate Donald Trump into elections.

Revelatory, insightful and shocking *The Plot to Destroy Democracy* puts a professional spy's lens on Putin's plot and unravels it play-by-play. In the end Nance provides a better understanding of why Putin's efforts are a serious threat to our nation's security and global alliances in much more than one election and a blistering indictment of Putin's puppet, President Donald Trump 🇺🇸

HR 1 Explained

From Daily KOS
By David Nir

...[t]he proposal takes a four-pronged approach to protecting free and fair elections by (1) removing barriers to expand access to voting; (2) securing the integrity of the vote by mandating paper ballots; (3) establishing public financing in House elections to level the playing field; and (4) banning congressional gerrymandering by requiring that every state create a nonpartisan redistricting commission.

Below we list each of the bill's major provisions and a few of its smaller but still important requirements,

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including measures that were [included as amendments](#) to the original bill:

- ⇒ Automatic voter registration at an array of state agencies
- ⇒ Same-day voter registration
- ⇒ Online voter registration
- ⇒ Allowing 16- and 17-year-olds to pre-register so they'll be on the rolls when they turn 18
- ⇒ Allowing state colleges and universities to serve as registration agencies
- ⇒ Banning states from purging eligible voters' registration simply for infrequent voting
- ⇒ An Election Day holiday for federal workers
- ⇒ Two weeks of in-

person early voting, including availability on Sundays and outside of normal business hours

- ⇒ Standardized hours within states for opening and closing polling places on Election Day, with exceptions to let cities set longer hours in municipal races
- ⇒ Prepaid postage on mail ballots
- ⇒ Allowing voters to turn in their mail ballot in person if they choose
- ⇒ Requiring states to establish non-partisan redistricting commissions for congressional redistricting
- ⇒ Ending prison gerrymandering by counting prisoners at their last address (rather than where they're incarcerated) for the purposes of

redistricting

- ⇒ Ending felony disenfranchisement for those on parole, probation, or post-sentence, and requiring such citizens to be supplied with registration forms and informed their voting rights have been restored
- ⇒ Expressing support for D.C. statehood (which is the subject [of a separate bill](#))
- ⇒ Public financing for House campaigns in the form of matching small donations at a six-for-one rate
- ⇒ Expanded campaign finance disclosure requirements to mitigate *Citizens United*
- ⇒ Banning corporations from spending on campaign purposes unless the corporation

has established a process for determining the political will of its shareholders

- ⇒ Making it a crime to mislead voters with the intention of preventing them from voting.

Lastly, Democrats are also planning one other key voting rights measure as a separate bill, which [would restore](#) a critical part of the Voting Rights Act after the Supreme Court struck it down in 2013. Democrats must first compile a lengthy factual record in support of that bill to help avoid a similar fate before the Supreme Court. 🚗

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need an abortion they'll have options other than facing risky procedures in shady settings performed by someone with questionable credentials.

Medication abortion in the U.S. relies on a two-pill combination: mifepristone and misoprostol. After more than 15 years of use in the U.S. and more than 30 years elsewhere, doctors know it is extremely safe and effective. Right now, about 45 percent of American women obtaining abortion during the first nine weeks of pregnancy choose pills rather than a medical procedure.

I can imagine that if my super-independent Caroline ever needs abortion care, she might well go the medication route, inducing her own miscarriage, instead of a surgical procedure. She's one to appreciate the autonomy that comes with managing her own care.

The availability of abortion pills has cut the rate of unsafe abortions around the world, particularly in countries where abortion is illegal or heavily restricted. In Brazil, for example, where it's banned, treatment rates for severe complications from abortion declined by 76 percent since 1992 as more Brazilians have turned to medication to end pregnancies.

Abortion medications are on the World Health Organization's (WHO) list of essential medicines, the definitive directory of effective and safe medicines needed in a nation's health system. And WHO has a published protocol for women to use the drugs to self-manage abortion, without direct provider supervision.

International medical providers, like Aid Access, provide medication abortion via telemedicine to women who cannot otherwise access abortion care.

Undoubtedly, if Roe is overturned, American women, just like their sisters around the world living where abortion is illegal, will turn to medication abortion, ordering it from overseas suppliers if necessary, to manage abortion at home.

Still, although she will not be risking her health or life, I do worry that if my daughter lives in a state that criminalizes abortion post-Roe, she may face legal risks if she chooses this route. No one, including Caroline, should fear jail for ending her pregnancy or for seeking medical help, if needed. As a person of color and an immigrant, she would face disproportionate risk of prosecution. If medical assistance is sought after an abortion, I hope my girl finds doctors who actively reduce harm to make sure she can safely receive care and who

create safe places where women will not face risk of arrest.

Women throughout history have needed to end pregnancies. In our age, my daughter, my nieces, and my friends should be able to decide, with dignity, on the care that best meets their needs.

If an extremist majority on the U.S. Supreme Court deny us that right, we can rest at least somewhat assured that, unlike times past, medication exists that will make obtaining an abortion less risky health-wise, even though legal risk will continue. Because of that, we all must remain vigilant in protecting policies that positively impact the health and lives of women like Caroline, Haley, and Isabelle, vigorously defending against the criminalization of abortion at every turn.



Amy Weintraub is the Reproductive Rights Program Director for Progress Florida, a statewide organization dedicated to winning a more progressive Florida – www.ProgressFlorida.org

Contact your Federal Representative!

Senator Rick Scott Washington, D.C.
United States Senate 83 Russell Senate
Office Building Washington, DC 20510
Phone: 202-224-5274
Email: help@rickscott.senate.gov

Senator Marco Rubio United States Senate, 284 Russell Senate Office Building Washington, DC 20510 Main: (202) 224-3041, Toll free: (866) 630-7106 Fax: (202) 228-5171, TTY: (407) 254-5548 Tampa: 5201 West Kennedy Boulevard Suite 530 Tampa, FL 33609 Phone: (813) 287-5035 Call: (813) 977-6450

Rep. Charlie Crist - 13th District <http://crist.house.gov/> Washington, DC Office 427 Cannon HOB Washington, DC 20515 Phone: (202) 225-5961 Fax: (202) 225-9764 District Offices Seminole District Office 9210 113th Street Seminole, FL 33772 (727) 394-6950 (727) 394-6955 (fax) St. Petersburg District Office 696 1st Avenue North, Suite #203 St. Petersburg, FL 33701 Phone: (727) 318-6770

Rep. Kathy Castor - 14th District Washington Office 205 Cannon House Office Building Washington, DC 20515 Phone: (202) 225-3376 Fax: (202) 225-5652 Tampa Office 4144 N Armenia Ave Suite 300 Tampa, FL 33607 Phone: (813) 871-2817 Fax: (813) 871-2864 Office Hours: 8:30 am - 5:00 pm St. Petersburg Office University of South Florida - St. Pete Williams House 511 Second St. S. St. Petersburg, FL 33701 Phone: (727) 873-2817 Office Hours: Please call in advance. Note: Please mail all items to the Tampa District Office address.

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For the most up-to-date information on your Federal, State, and County representatives including all contact information, Go to :

[https://www.voteinellas.com/Portals/Pinellas/Documents/pdf for Website/Voter Information/2017%20Citizens%20Guide.pdf](https://www.voteinellas.com/Portals/Pinellas/Documents/pdf%20for%20Website/Voter%20Information/2017%20Citizens%20Guide.pdf)

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All of the officers were elected March, 2017. Next election is March, 2019

Additional contact information is available on

www.largodemocrats.org

Why Join the Largo/Mid-Pinellas Democratic Club?

The club provides a variety of ways to stay informed and involved in local, county, state and national political discussions. But we're not just about talk. We will be part of the action in finding the best candidates and getting them elected, as well as supporting the most important causes. We will write letters, make phone calls, knock on doors, register voters, and whatever else it takes to bring change to our communities, our county and our state. But, just as important, we also want to make time to enjoy each other's company and celebrate each other's efforts at social events throughout the year. Grassroots politics is effective and fun!

As a member of the Largo/Mid-Pinellas Democratic Club you can:

- Meet other active Democrats
- Meet and get to know your elected officials and potential candidates
- Raise funds and work for candidates
- Participate in community service projects
- Hear speakers and discuss issues of local, state and national importance
- Attend special events and monthly meetings.

